



Mecklenburg County Stay at Home Orders

Mecklenburg County has issued a Stay at Home Order beginning **Thursday, March 26, 2020 at 8:00 a.m.** in order to further combat the spread of COVID-19 in our community. This order directs all Mecklenburg County residents to shelter at home and limit movements outside of their homes beyond essential needs. This order is valid through **April 16, 2020** but will be regularly reviewed and evaluated and may be revised, amended, or extended accordingly, based upon recommendations by the Mecklenburg County Public Health Director and Charlotte-Mecklenburg Emergency Management.

YOU CAN

- Go to the grocery, convenience or warehouse store
- Go to the pharmacy to pick up medications and other healthcare necessities
- Visiting a health care professional for medical services that cannot be provided virtually (call first)
- Go to a restaurant for take-out, delivery or drive-thru
- Care for or support a friend or family member
- Take a walk, ride your bike, hike, jog and be in nature for exercise – just keep at least six feet between you and others
- Walk your pets and take them to veterinarian if necessary
- Help someone to get necessary supplies
- Receive deliveries from any business which delivers

YOU SHOULD NOT

- Go to work unless you are providing essential services as defined by this Order
- Visit friends and family if there is no urgent need
- Maintain less than 6 feet of distance from others when you go out
- Visit loved ones in the hospital, nursing home, skilled nursing facility or other residential care facility, except for limited exceptions as provided on the facility websites
- Travel except for essential travel and activities

What is the difference between “Stay at Home” and “social distancing”?

Stay at home is a stricter form of social distancing.

Stay at home means:

- Stay home (stay unexposed and do not expose others)
- Only go out for essential services
- Stay 6 feet or more away from others
- Don't gather in groups

For the full Proclamation, go to [MeckNC.gov/COVID-19](https://www.mecknc.gov/COVID-19). For further questions, call the Mecklenburg County Stay at Home help line at (704) 353-1926. Hours of operation are Monday through Friday, 8:00 a.m. to 8:00 p.m.